

## CODE OF CONDUCT FOR PLAYERS



Always play by the rules.

Never argue with a referee or linesman. If you disagree, ask your captain, coach or manager to approach the official during a break in play or after the game.

Control your temper. Do not verbally abuse officials, sledge other players or deliberately distract or provoke an opponent.

Work equally hard for yourself and your team. Your team's performance will benefit and so will you.

Be a good sport. Applaud all good play by your team mates and the opposition.

Cooperate with your coach, manager, team mates and opponents. Without them there would be no game.

Respect the rights and dignity of all participants regardless of their gender, ability, culture or religion.

Report all injuries to your coach or team manager as soon as possible.

Dress appropriately as per the Dress Code for all training sessions and games.

Arrive at training sessions early enough to start on time.

Contact your coach or team manager at least 2 hours before training is due to start if you are ill or unable to attend for any reason.

Arrive at matches at least one hour before kick-off.

Be available to sit on the bench for the next age group if requested.

Always stay to watch and support the next team until at least half time.

Enjoy playing football. Participate for your own enjoyment.